

<b>Smoothies</b>	<b>16 oz</b>
<b>FRESH STRAWBERRY SHAKE</b> Strawberry, Nonfat yogurt, vanilla, agave nectar	
<b>TROPICAL FRUIT SHAKE</b> Pineapple, Banana, non fat yogurt, agave	
<b>CREAMSICLE</b> Orange juice, non fat yogurt, pinch of salt, agave nectar	
<b>MAKE IT YOUR OWN</b> Choice of two fruits and base of either milk, yogurt, or almond milk	
<b>Fresh Juices</b>	
<b>I am CHARISMATIC SPICED CARROT JUICE</b> Carrot, lime, ginger	
<b>I am HEALTHY (ALL GREEN JUICE)</b> Cucumber, celery, kale or spinach, lemon, sole*	
<b>I am REFRESHED (HOUSE LEMONADE)</b> Apple, Lemon, Sparkling water	
<b>I am BOLD (SPICY TOMATO JUICE)</b> carrot, celery, tomato, salsa fresca, pinch of cayenne	
<b>I am WORTHY DEEP RED JUICE</b> – beet , celery, kale or spinach, apple, ginger	
<b>VIRGIN MARGARITA</b> Fresh lemon, sole agave nectar * Sole' is Ionic Himalayan salt	
<b>I am RICH ( Slightly Sweet Green)</b> Cucumber, apple, kale, fennel	
<b>I am EFFERVESCENT ( House Ginger Ale)</b> Apple, ginger, sparkling water	
<b>Add ons .30 each</b> 1 scoop of whey protein	
1 tsp Supergreens ,1 tsp Flax seed meal,	
<b>WHEATGRASS BY THE SHOT</b> (when available 1.99	

# Nourish



## Juice and Espresso

*Don't just eat,  
nourish your body*  
**ALL NATURAL OR ORGANIC  
PRODUCE**  
**Fresh Fruit Smoothies**

### *Green Juices*

### *Organic Coffees*

815-234-7000

**INSIDE**

**Fifth Alarm Firehouse Pub  
120 N. Union Byron, IL. 61010**

**Hand in your order to  
your server  
or you can call it in for  
curbside pickup  
16oz 3.29**

## Espresso Bar

**Espresso Single Shot 1.75**

**Double Shot 1.99**

**Cappuccino 2.99 Hot or Iced**

**Caffe Latte 2.99 Hot or Iced**

**Caffe Mocha 2.99 Hot or Iced**

**Chai Latte 2.99**

**Organic Green or Black Teas 2.49**

**Blended Iced Coffees 3.29**

**Vanilla Bean. Mocha, Caramel, Coffee**

**Children's special 1.49**

**Hot or cold choc milk, 100% juice box**

### **BREWED COFFEES**

**Americano 2.49**

**Fresh brewed Decaf 2.49**

Our vegetables, juices and bases are natural or organic whenever possible.

Our containers are compostable as well.

COFFEES are imported green, organic, and fair trade whenever possible, or fresh roasted at JAVAMANIA (Loves Park, IL )